

## Bishops Waltham Swimming Club Time Table

	9.30-11.30	2.30-3.00	3.00-3.30	3.30-4.00	4.00-4.30	4.30-5.00	5.00-5.30	5.30-6.00	6.00-7.00	7.00-8.00	8.00-9.00
Monday		Pre-school 3+	Pre-school 3+	School Age Widths Groups 1 2 3 4	School Age Widths Groups 1 2 3 4	School Age Widths Groups 1 2 3 4	School Age Widths Groups 1 2 3 4	School Age Widths Groups 1 2 3 4	Lane Swimming		
Tuesday		Pre-school 3+	Pre-school 3+	School Age Widths Groups 1 2 3 4	School Age Widths Groups 1 2 3 4	School Age Widths Groups 1 2 3 4					
Wednesday		Pre-school 3+ & Adult /Toddler Class	Pre-school 3+	School Age Widths Groups 1 2 3 4	School Age Widths Groups 1 2 3 4	School Age Widths Groups 1 2 3 4	Lane Swimming		Rookie Lifesaving 8-12yrs		
Thursday				School Age Widths Groups 1 2 3 4	School Age Widths Groups 1 2 3 4	School Age Widths Groups 1 2 3 4					
Friday				School Age Widths Groups 1 2 3 4	School Age Widths Groups 1 2 3 4	School Age Widths Groups 1 2 3 4					

**Lessons available Tuesday and Friday morning. please call for more information.**

**Adult and Baby/Toddler-** From about 10weeks to 3years (no booking, pay on day)

**Pre-school-** From 3years to starting school MAX 4 children to a teacher

**School Age Widths-** From starting infant school upwards MAX 6 children to each class teacher

Group 1- Non-Swimmer

Group 2- Beginner (can swim small amount on front and back)

Group 3- Beginner+ (can swim a width on front and back)

Group 4- Happy to swim on front and back, out of depth in deep end of pool (possibly up to 8 swimmers)

**School Age Lengths-** For children who can swim confidently 50meters

**Rookies-** Junior lifesaving club for 8-12years old. Children must be in a group 4 or above of our swimming programme to join this club due to the activities we will do.